



Gouverneur High School

Helping each student reach their maximum potential.

Holiday Newsletter

-----December 2011

From the Principal's Desk

The holiday season is upon us. It is a time to remember the old and look forward to the new.

Miss Christine LaRose will be retiring as our superintendent on December 31, 2011. Miss LaRose and I arrived about six week's apart back in 1994. She was the new assistant superintendent and was asked by Dr. Gary Buehler to do a search for a new junior senior high school principal and I became her first hire. The district had been going through some tough times; major state budget cuts had eliminated teaching positions and extracurricular activities; not just at GCS, but across the state. Teaching and administration seemingly were poor career choices at that time. The New Compact for Learning was causing a high level of consternation among educators. The state was offering few, if any solutions to local problems, but kept increasing mandates. That's where Miss LaRose and I started and it seems like history is repeating itself today.

Through her hard work and vision, most, if not all of the staff, budget and program cuts she inherited were restored to the district and many new and innovative programs were introduced. She has always been a strong supporter of reading and technology programs. Through her leadership, our classrooms and science lab are the technological envy of school districts across the North Country. She expanded reading programs for students Kindergarten through high school in an effort to cut down on drop outs. She has backed the high school opportunity room for academically-challenged students, and our school-within-a-school program for high school special education students. During the renovations that she oversaw as our superintendent our library media centers, gyms, life fitness area, piano lab, music rooms, art rooms, distance learning room, cafeteria, auditorium, sports fields, gyms, locker rooms and classrooms all saw major modernization and renovation. Our distance learning room brings college classes and electives to our students. Special education programs expanded and students with disabilities began to achieve Regents Diplomas. Her constant push for excellence and uncompromising values has served our community well. Miss LaRose can be proud of the job she has done as our district's superintendent. I know you join with me in wishing her a happy, healthy, and long retirement.

The job of the superintendent now is passed to Mrs. Lauren French. Mrs. French is a lifelong resident of Gouverneur. She was educated here, taught here, principaled here, and now will be given the chance to lead our district. Many of the same qualities that made Miss LaRose successful can be found in Mrs. French. She is hardworking, dedicated to excellence, a lifelong learner, and a scholar. All of these traits will serve our community well. When I first arrived, Mrs. French was doing her Administrative Internship from St. Lawrence University under the direction of Superintendent Dr. Gary Buelher. She and I worked closely together from my first days here, and have continued to do so for the past 17 years. I know she has all the talents and traits to follow in the successful footsteps of Miss LaRose, and I hope that the community will help her as she moves our district forward. I feel she faces many of the same challenges that Miss LaRose faced when she took over in 1994. As a district, we have been down this path before and emerged stronger and better. I am certain we can do this again. Please join with me in assisting Mrs. French in her new position.

I wish to extend a warm welcome home to our troops from afar. The 10th Mountain Division has been at the front of our nation's war on terror for over ten years. As the last American troops leave Iraq, many are still deployed in harms way. The daily cost of our freedom is measured not only on the battle field, but on the faces of the sons and daughters of our troops as they carry on here at home, separated from the ones they love. My hope is that for all our soldiers and sailors that they can help our world achieve a lasting peace and return home to a grateful nation.

This past year the community supported the foundation and construction of an Athlete Wall of Fame. Monies were raised to build display cases and induct individuals and teams into the Hall. I am putting a request out to the community that if you have an artifact relating to the history of the sports program at GHS, and would like to donate it for display; I would be interested in speaking with you. I have received a number of team plaques and trophies that were tucked away in closets because there was no place to display them here at school. If you have items, please feel free to contact me or Coach Bob Porter.

One major change to our school year is the January regents week. We will be holding normal classes throughout the week this year. Last year the State Education Department warned school districts that January regents exams might be canceled due to budget shortfalls. Districts were told to carefully schedule their schools in anticipation of this move. We did just that by scheduling all courses that end in a regents exam to be full year and to test in June. The state later decided to offer a reduced number of exams this January 2012. Students that need to make-up or re-try exams will do so, while normal classes are held. All students should plan to attend school each day that week.

Lastly, please help our students make good choices during the holiday season.

You will find calendar events throughout this newsletter as well as other useful information. On behalf of the faculty and staff of GHS, we wish you a joyous holiday season and a Happy New Year!

Sincerely,

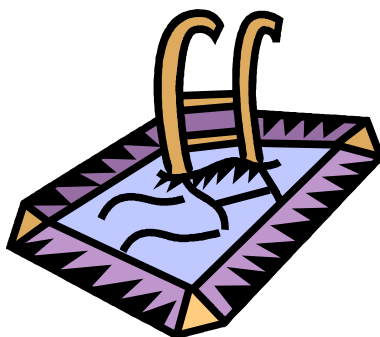
John J. Dixon
High School Principal

Recreational Swim Hours

Morning Swim –Daily Monday – Fridays (6:30 – 7:30 A.M.)

Open Swim (under 14 yrs must be accompanied by an adult)
Wednesdays 6 -7 P.M., Sundays 1 – 3 P.M.

Students: \$1.00; Adults: \$1.25
Children under 8yrs - free w/Parent
Golden Age Pass – No Fee



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Calendar of Upcoming Events 2011 - 2012

December

13 Middle School Concert
14 High School Concert
19 & 20 Concert Snow Dates
23 – 31 Winter Recess – No School

January

13+14 All County Music Festival at Crane School of Music
15 Martin Luther King, Jr. Day – No School
24 - 27 Regents Week
30 Start of second Semester

February

3+4 All County Music Festival
8 “Making Your College Search Count” 10:00 A.M.
11 High School Winter Ball (High School Students Only)
20 - 24 Mid-Winter Break – No School

March

3 Circus
16 Staff Development Day – No School for Students
16 & 17 High School Musical: “Carousel”

April

4 Middle School Concert
6– 13 Spring Recess – No School
16 4th Quarter Begins
20& 21 NYSSMA Solo Festival at Crane School of Music
25 Dean Oratoricals
27 & 28 NYSSMA Solo Festival at Watertown HS

May

4 - 7 Senior Class Trip to New York City
8 District Budget Hearing
9 – 16 A.P. Exams
12 Junior Prom (High School Students Only) 9 - Midnight
15 Art Show
15 District Budget Vote
17 Spring High School Concert
23 Academic Recognition/ National Honor Society Induction
27 Theresa Memorial Day Parade
28 Gouverneur Memorial Day Parade/ No School
29 Tri-M Music Honor Society Induction
30

June

6 Theater Arts Class Performance
8 Moving Up Day 1 P.M.
12 South West Tech Graduation 8:00 A.M.
13– 21 Regents Exams
22 Graduation Rehearsal 1:00 P.M.
22 Class of 2012 Graduation 7:30 P.M.



Cross Country Team Goes to States

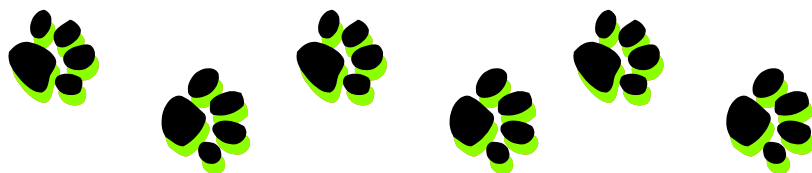
Gouverneur had a very successful season in Cross Country this year. We were fortunate to host the Interdivisional Race at the Country Club Golf Course this season, which will be the site of the 2012 Sectional/ State Qualifying meet.

The boys' team was very young being composed entirely of underclassmen. The team was lead by Team MVP Luke Dunkelberg and Team Coach's Award winner Jake Erdman. Luke had an outstanding season, placing high in all his races and winning t-shirt awards in three races. Luke was also the Class C Sectional Champion, Second Team All-Northern, Academic All-Northern, and Section 10 Class Sportsmanship Award winner. Jake also won a t-shirt, was Second Team All-Northern, and Academic All-Northern. The boys' teams as a whole placed second in Dual Meets in Class C and were the Section 10 Class C Champions. Seven team members made the trip to States to represent Gouverneur and Section 10; they included Luke, Jake, Devin Breckenridge, Mark Dunkelberg, Josh Ferguson, Brendon Webb, and David Jones.

The girls' team had three seniors, Megan Morrow, Lindsey McCormick, and Davina Jones. All three will be sorely missed. Megan was again Team MVP, Second Team All-Northern, Section 10 Class C Sportsmanship award winner, and won a t-shirt for a top 10 finish in Carthage. Megan has had a great career in cross country, running since a seventh grader. Lindsey was a Coach's Award winner with her hard work and effort throughout the season. She was also the Travis Friedrich Sectional Sportsmanship winner. This award is given to a boy and girl for outstanding sportsmanship for the season, in memory of Travis Friedrich, former Gouverneur alumni runner and student. To win this award, the athletes are nominated by runners from other schools. Davina had a great season again qualifying for States. In all, the girls' team won the Class C Dual Meet title, but finished a close 2nd place in the Sectionals. Competing at States were Megan, Davina, and Caroline Leslie.

The girls' team is also looking forward to next year with the addition of Gabriella Dunkelberg. Gabby ran modified this year, going undefeated in the league, and winning three t-shirt awards and the individual championship at the Carthage meet.

We would like to thank the seniors for their years of dedication. They will be sorely missed. They have provided leadership and inspiration for our present and future runners. We wish them the best of luck and a healthy lifelong love of running!





Tips from the School Health Office

Mrs. Deborah Colton, Head Nurse

WHEN TO KEEP A CHILD HOME WITH ILLNESS DURING COLD AND FLU SEASON

Sometimes it can be difficult for a parent to decide whether to send children to school when they wake up with early symptoms of an illness or complaints that they do not feel well. In general, during cold and flu season, unless your child is significantly ill, the best place for them is in school where they have already been exposed to the same germs and where they are less likely to expose other more vulnerable people, like the very young or very old, to their routine bouts of cold and flu. Remind and show your children to discard used tissues promptly, not to share personal items, to cover their mouths when they cough or sneeze, to keep their hands away from their face, and to wash hands thoroughly and often with soap and warm water. Suggest that they silently sing the Happy Birthday song twice while washing their hands. However, there are some situations in which it is best to plan on keeping your child home for a day to rest or to arrange for an appointment with your health care provider. The following are a few such situations that warrant watching and possibly conferring with your health care provider:

- Persistent fever greater than 100.4° orally, including a fever that requires control with medication, like Tylenol
- Child is too sleepy or ill from an illness, like vomiting and/or diarrhea, to profit from sitting in class all day
- Significant cough that makes a child feel uncomfortable or disrupts the class
- Sore throat that is severe, accompanied by fever and/or feeling ill, that persists longer than 48 hours, OR after known exposure to a confirmed case of Streptococcal throat infection
- Honey-crusted sores around the nose or mouth or rash on other body parts that might be impetigo; OR a rash in various stages including boils, sores and bumps that may be chicken pox; OR a significant rash accompanied by other symptoms of illness such as fever
- Red, runny eyes that distract the child from learning
- Large amount of discolored nasal discharge, especially if accompanied by facial pain or headache
- Severe ear pain or drainage from the ear
- Severe headache, especially if accompanied by fever
- Any condition that you think may be serious or contagious to others.

WHEN TO KEEP A CHILD HOME WITH ILLNESS DURING COLD AND FLU SEASON, Continued

Whenever there is an outbreak of a specific contagious infection, the school sends out a notice to alert you to watch out for any symptoms. If your child starts to develop symptoms, it is important that you alert your own health care provider that your child had possible exposure. Be sure to ask your provider when it is safe for your child to return to school, both for your

child's health and for the health of the rest of the school. If you send your child to school even though you suspect there is significant illness as described above, please call the school nurse to provide her/him with phone numbers where you can be reached that day should your child become more ill and require early dismissal.

Finally, if you know your child is still running a fever, it is not a good idea simply to give them Tylenol and send them onto school because as soon as the medicine wears off, you are apt to get the dreaded call from the school nurse to leave work and come to pick up your feverish child. It is better to let them stay home in bed with a fever and take their medications at home until they are off all medicines and ready to learn for a full day in a classroom. If you find a pattern of your child's asking to stay home from school, especially if they are falling behind or appear anxious by the thought of attending school, or if there does not appear to be any obvious physical symptoms, it may be a good idea to contact your school nurse and your health care provider to discuss your concerns.

PARENT INSTRUCTION SHEET FOR HEAD LICE

To Parents: If your child comes home with head lice, don't panic. Millions of school children contract head lice each year. Children play in close contact with each other. A simple exchange of hats, clothing, brushes, combs, and other personal articles can result in transmission of head lice from one child to another. Lice can be easily and effectively treated. You should ask your pharmacist for an effective head lice shampoo or ask your doctor for advice.

◆ Please send the box top from the head lice shampoo back to child as proof of treatment, along with a short note describing

◆ Check all members of the family for lice and their eggs. Lice are small tan wingless insects. Lice lay eggs called nits.

◆ Nits are firmly attached to the hair shafts, close to the scalp and are much easier to see than live lice. They are small white specks which are usually found at the nape of the neck and behind the ears.

◆ Apply the lice treatment to all infested family members, following instructions carefully.

◆ After shampooing, remove the nits with a fine tooth comb (nit combs come with some head lice shampoos). Application of warm water with vinegar (1:1) or clear warm water may help nit removal. Nits may need to be removed by using your fingernails or tweezers.

◆ Use hot water and detergent to wash sheets, pillowcases and clothing (at least 20 minutes).

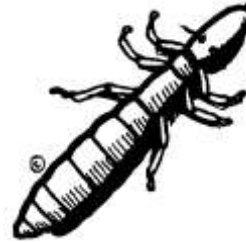
◆ Hot dry or dry clean blankets, bedspreads, hats, and sleeping bags; or seal in a plastic trash bag for at least two weeks.

◆ Soak combs and brushes, head bands and barrettes in the treatment shampoo or hot water for at least 10 minutes or wash in dishwasher.

◆ Thoroughly vacuum carpets, upholstery, pillows, and mattresses and discard vacuum cleaner bag.

◆ Bike helmets, head phones, and stuffed animals should be placed in a plastic bag and tied for 10 days.

◆ Remember to retreat in 7 days.



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Please call the school's Health Office if you have any questions or concerns.

Student Senate News

Mrs. Evelyn Barton, Student Senate Advisor

The High School Student Senate is working to promote the holiday spirit of giving once again this year. We have organized the bell ringing campaign for the Salvation Army outside the Price Chopper store. Last year, this effort raised over \$1,800 to help needy families in our community. We hope to match or surpass that total this year.

In school, we will be organizing a food drive during the last few weeks before the holiday break. When students bring in three non-perishable food items, their name will be put into a drawing for an iPod Touch. We hope to fill the boxes of each homeroom with healthy food for those who need it this winter.



BAND NOTES

Kathy Moses, Director of Bands

The Gouverneur High School Jazz Ensemble will perform last at the Middle School Concert on Tuesday, December 13th. The concert begins at 7:00 p.m. in the high school auditorium. The concert is free and open to the public. The performance will feature seniors **Nick Leonard**, alto saxophone; **April VanOrman**, tenor saxophone; **Paul Sweet** and **Olivia Roberts**, trombone; **Katelynne Kulp** and **Lauren Fishel**, trumpet; **Christopher Whitton**, baritone, and Trent Turner, drums. Come enjoy some exciting and swinging music!

The Gouverneur High School Band will perform in concert on Thursday, December 15th at 7:00 p.m. in the high school auditorium. The concert is free and open to the public. Some classic band selections will be performed along with several holiday favorites. Featured seniors include **Nick Leonard**, **April VanOrman**, and **Judith Moore**, clarinet; **Katelynne Kulp**, trumpet; **Allison Elliott** and **Lauren Fishel**, French horn; **Olivia Roberts** and **Paul Sweet**, trombone; **Christopher Whitton**, baritone; and **Trent Turner**, percussion. Please come to hear some excellent student musicians who can truly entertain you!

Senior **Nick Leonard** was selected as an Alternate on bass clarinet for the New York State School Music Association All-State Band. Congratulations Nick!

Seven members of the Gouverneur High School Band participated in the Area All-State Music Festival held at Indian River in November. These students were chosen out of 40 participating schools based upon their NYSSMA solo scores from last spring. Chosen as the number one players on their instruments were **April VanOrman**, clarinet; **Nick Leonard**, bass clarinet; and **Katelynne Kulp**, trumpet. Placing second was **Sara Bates**, flute. Other participants were **Sylvia Nentwick**, flute and piccolo; **Daniel Kalina**, trumpet; and **Codie McConnell**, tuba. Congratulations on your selection and outstanding concert performance!

At the recent auditions held in Canton, **Nick Leonard** was selected to play lead tenor saxophone and **Katelynne Kulp** was selected to play lead trumpet in the All-County Jazz Ensemble. The festival will be held at St. Lawrence University on January 13 and 14, 2012. Congratulations Nick and Katelynne!

The 2012 Winter Color Guard is led this season by senior captain **Lizabeth Hart**. Rifle leaders are **Sara Bates** and **Bethany Bigelow**. Flag leaders are **Hannah Kingsley** and **Tea LaBrake**. The music selection is *Friday* as performed by the *Glee* cast. The group will perform at the varsity home basketball games at half time during the months of January and February. The girls hope you will all enjoy the show!

The Friends and Parents of Gouverneur Marching Band hold a meeting on the second Wednesday of every month at 6:30 p.m. in the high school cafeteria. Everyone is invited to attend. The group really needs help to get prepared for the upcoming season. Please contact Mrs. Moses if you cannot attend, but you would like to help.



ORCHESTRA NEWS

Sheree A. Scott, Orchestra Director

Congratulations to the following students who were selected to participate in the 2011 New York State School Music Association Area All-State Orchestra: Mallory Austin-cello, Megan Drake-violin, Jacob Erdman-violin, Brielle Farley-violin, Elizabeth Girard-violin, Bridget Hall-violin, Joie Hays-cello, Alec House-Baillargeon-violin, Caroline Leslie-violin, Hillarie McIntosh-violin, Alex Prespare-string bass, Trevor Weaver-violin, and Justine Wells-violin. The festival was held at the Indian River High School on November 18th and 19th.



News from the Chorus Room

Mr. Richard Haynes, Choral Music Director

Allison Elliott and Nick Leonard were both chosen to participate in the New York State All-State Mixed Chorus based on their vocal NYSSMA solos from last spring. Allison received a 100 and Nick a 99. The four day festival took place in Rochester N.Y. from December 1st through the 4th, finishing with a concert at the Eastman School of Music.

The following singers participated in the Area All-State festival that took place on November 18th and November 19th at Indian River; Allison Elliott and Jack Doucet. They were selected on the basis of the NYSSMA solo they sang last year. Congratulations to those singers!

CODA will be caroling for the 9th annual CODA Caroling on December 16th, 2011. This event is open to anyone in the community who would like to attend. We will be meeting at 14 Caroline Street at 6:00 pm. Music will be provided to anyone who wishes to sing with us. Be sure to wear warm clothing and comfortable footwear, as we will be walking in the area near the High School. We'll have hot chocolate and companionship afterward!

On November 9th CODA went to SUNY Potsdam to see two one-hour operettas, "The Gift of the Magi" and "Amhal and the Night Visitors." Both shows had a holiday theme.

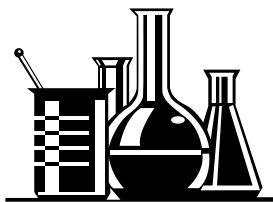
The Chamber Singers sang at the Gouverneur Tree Lighting ceremony and Christmas Parade on Friday, December 2nd. The Chamber Singers will be singing at various venues around town during the upcoming holiday season.

The following students have been chosen to participate in the 4th St. Lawrence County All-County Chorus: Shaylen Adams, Sara Bates, Jack Doucet, Allison Elliott, Lauren Fishel, Kaitlin French, Elizabeth Girard, Bridget Hall, Alec House-Baillargeon, Tyler Law, Sylvia Nentwick, Curtis Storie, Paul Sweet, Marthelyn Sweet, Derek Whitton and Cherie Witte.

The North Country Players Orchestra and Inside Joke will be performing a free holiday concert at GHS on Wednesday, December 28th at 7 pm. The concert will feature some popular film music as well as some seasonal favorites!

Don't miss any of the upcoming music events!!

Tuesday, December 13th 7 pm Middle School Concert Choir @ GHS
Thursday, December 15th 7 pm High School Chorale and Chamber Singers @ GHS
Wednesday, December 28th 7 pm NCPO & Inside Joke @ GHS



STUDENTS CELEBRATE MOLE DAY AND NATIONAL CHEMISTRY WEEK

Mrs. Anita Carr, Chemistry Club Advisor

Students in Mrs. Carr's Chemistry classes and in Chemistry Club celebrated Mole Week Oct. 23rd – Oct. 28th with a number of chemical demonstrations and experiments. Twenty-seven students attended Science Lab Day at SUNY Potsdam. Our high school students made nylon and other polymers. The biologists extracted DNA and performed electrophoresis. Earth scientists and physicists observed constellations in the planetarium. Some students were able to work with Ben Schermerhorn, a Gouverneur High School graduate who is attending Potsdam College. Ben was using a high powered telescope to observe sun spots. All of the students loved the Chemistry Magic Show. It was the finale of our day at SUNY Potsdam and as always a Huge Hit!



VFW Announces Voice of Democracy Winners Mrs. Carol Amberg, Advisor

Mr. Michael Webster of the Gouverneur VFW and Mrs. Carol Amberg, Competitive Speaking Advisor at GHS, are pleased to announce the winners of this year's Voice of Democracy Audio-essay Contest. In third place, winning a \$200 scholarship is junior, Carly Gates. In second place, earning \$300 is Lauren Fishel. In first place, winning a \$500 scholarship, is Courtney Aldridge. Courtney advanced to the district level of judging where she also won first place. She will compete at the state judging in December. This year's topic is: "Is there pride in serving in our military?" Students first write, then record their essays on CD's. Congratulations to all who entered, and especially to our three GHS winners! Good luck, Courtney, at the state level of competition!



Key Club News

Ms. Nancy Hay, Key Club Advisor

The Key Club has gotten off to a busy start this year with lots of activities. First, the Key Club raised money during Breast Cancer Awareness month by selling raffle tickets to win baskets made by the students. Secondly, the students collected money on Halloween for UNICEF which we were able to donate one hundred dollars toward the cause. Right now, the students are very busy for the holiday season. They will be collecting cans of food at Save A Lot and Price Chopper this Saturday for our local food pantry; they also are doing a hat and mitten drive, and the annual Angel Tree. If you could send any hats, mittens, or scarves in with a student, that would greatly be appreciated. We also have lots of angels that need to be bought for this year as well. If you would like to donate for either cause, please contact us at the Gouverneur High School for more details.



News from the Theatre Arts Class

Mrs. Carol Amberg, Teacher

Mrs. Amberg's theatre arts class has been busy this fall. So far, we have been learning basic acting skills through pantomime and improvisation. We are currently working on video production for a contest sponsored by New York Central Mutual Insurance Company. The topic is **distracted driving**. The goal is to produce a 25-second video that could be broadcast as a Public Service Announcement to teach teenagers the dangers of driving while distracted. We will be submitting our video by uploading it to You-Tube before we leave for the holiday break.

Ashley Ontiveros is serving as our videographer and film editor, while the other members of the class are the actors: Courtney Aldridge, Heloise Bourgoin, Allison Elliott, Joy Leader, Jason Ontiveros, Jr., Son Vuong, Amber Weller, and Cherie Witte. Wish us luck!



FFA Members Attend National Convention

Mr. Harold Bullock , FFA Advisor



Liz Hart, Lizzy Hatfield, Walter Zeller and Mr. Bullock at the Hall of Fame Museum

The following students attended the 84th National FFA Convention: Liz Hart, Lizzy Hatfield and Walter Zeller. The convention took place October 19-22 in Indianapolis, Indiana where over 54,000 students met. The bus trip consisted of a stop in Cleveland, Ohio at the Great Lakes Science Center, and a stop at the Indianapolis Speedway. At the convention we went to sessions with Keynote speakers such as Dave Roeber. We also went to the career show, workshops and an FFA only concert featuring Blake Shelton. In the last session we were able to watch a New York Representative elected as Eastern Regional National FFA Vice –President. It was the first time a New York member has been elected to national office in over a decade. The convention was a great experience for all participants.



All-Academic Awards

Gouverneur Central School District is pleased to announce the following **38** students for the 2011 FALL SPORTS SEASON as All-Academic recipients. This award is for sophomores, juniors or seniors. The student must be a member in good standing of a VARSITY team. A student must have an average of 88 or above for the overall High School years through the current marking period. Candidates should exhibit high levels of sportsmanship, strict adherence to all team-training rules and a desire to achieve their full athletic potential.

<u>STUDENT</u>	<u>GRADE</u>	<u>SPORT</u>
Thomas Andrews	10	Boys Soccer
Zachary Ayen	10	Cross Country
Kyle Bigwarfe	12	Football
Kierra Bowman	11	Volleyball
Devin Breckenridge	10	Cross Country
Jase Briggs	10	Boys Soccer
Brittany Brown	11	Cross Country
Lindsie Brown	12	Girls Soccer
Lucas Bulsiewicz	12	Football
Morgan Bush	12	Volleyball
Noelle Carbone	10	Girls Soccer
Mikaela Carr	11	Girls Soccer
Samantha Carr	11	Volleyball
Kara Cummings	10	Girls Soccer
Luke Dunkelberg	10	Cross Country
Haley Easton	10	Girls Soccer
Jacob Erdman	10	Cross Country
Brielle Farley	11	Girls Soccer
Bryant Farley	12	Boys Soccer
Melissa Foster	12	Volleyball
Curtis Fuller	11	Football
Brandon Geer	11	Football
Nathan Guesford	12	Football
Mark Horne	11	Football
Leesa Isereau	11	Volleyball
David Jones	11	Cross Country
Davina Jones	12	Cross Country
Joy Anna Leader	10	Girls Swim
Caroline Leslie	11	Cross Country
Danielle McCormick	10	Girls Soccer
Lindsey McCormick	12	Cross Country
Nicolena Meola	11	Girls Soccer
Jessey Parker	10	Girls Soccer
Nicole Richards	12	Volleyball
Kirstin Roberts	11	Girls Soccer
Marthalyn Sweet	10	Cross Country
Shanelle Trombley	10	Girls Soccer
Trevor Weaver	10	Boys Soccer



All Northern Winners

Mr. Robert Garofalo, Athletic Director

Here are the All Northern Winners for the Fall Season, 2011.

Cross Country - Second Team: Luke Dunkelberg, Megan Morrow & Jake Erdman

Football - First Team: Shane Gould, Brenden Ward, Hunter Ayen & Mark Horne.
Second Team: Jacob VanOrnum Sportsmanship: Nathan Guesford

Boys' Soccer Second Team: Taylor Dodds & Trevor Weaver. *Sportsmanship*: Bryant Farley

Girls' Soccer - First Team: Kirstin Roberts, Second Team: Kayla Merkley & Taylor Hentz

Girls' Swimming - None

Volleyball - First Team: Morgan Bush. *Sportsmanship*: Leesa Isereau



Auditions for *Carousel* - 2012 Musical

Mrs. Carol Amberg and Mrs. Betty Hall, Co-Directors

High school musical production team, Carol Amberg, Betty Hall, and Judi Bates have announced that GHS will present the Rodgers and Hammerstein musical, *Carousel*, on March 16th and 17th, 2012. Auditions for the musical will be held on Monday and Tuesday, December 19th and 20th in the high school auditorium. All interested come with a short song to sing. You may sing to a CD, as long as there is no other voice singing with you. You may sing a cappella, accompany yourself, or bring an accompanist (piano, guitar, etc.) If you want to sing a duet with another person, that's okay as long as each voice is featured separately in the song. You will also do a cold read of a scene from *Carousel* chosen for you by Mrs. Amberg. Come and bring a friend. This will be a great show!

GCS HONORS STUDENTS HOST INDEPENDENT FILMMAKER – MRS. GENESIS SCALES, TEACHER



Derek Taylor—CSU

On November 4th, the Gouverneur Central School English 10 Honors students hosted Derek Taylor, a college professor at Southern Connecticut State University and independent filmmaker. Mr. Taylor recently completed a documentary titled, “A North Woods Elegy: Incident at Big Moose Lake.”

As stated by Mr. Taylor, “The film investigates the circumstances surrounding the murder of Grace Brown by Chester Gillette on July 11, 1906 in the Adirondacks in upstate New York. Covering the ensuing trial and Gillette's subsequent incarceration and execution, the film explores the fascination America had, and still has, with the case, encompassing issues of class, jurisprudence in America at the turn of the 20th century, and ethics and sensationalism in news reporting.”

The 10th graders, taught by Mrs. Genesis Scales, read [A Northern Light](#), by Jennifer Donnelly, over the summer. [A Northern Light](#) is a fictionalized account of the 1906 murder of Grace Brown by Chester Gillette at Big Moose Lake, the same murder researched in this documentary.

“I stumbled upon the trailer to Derek Taylor’s documentary as I was doing summer research for my upcoming 10th grade class,” stated Mrs. Scales. “As soon as I watched it, I knew it was something I wanted in my curriculum. To my surprise, email correspondence turned into a personal visit and private screening of an upcoming documentary film. This experience is something my students will never forget.”



The 10th graders had a private breakfast and round table discussion with Mr. Taylor followed by a personal screening in the high school auditorium. The 10th graders were joined by additional honors English students. After the screening, Mr. Taylor answered questions and led discussion about his film.

Mr. Taylor generously donated copies of his documentary to both the Gouverneur High School Library and the local Gouverneur Library.

Row 1 L to R: Devin Breckenridge, Sylvia Nentwick, Sara Bates, Hannah Kingsley, Rebecca Bulsiewicz, Danielle McCormick, Matasha McIntosh, Bridget Hall, Shaylen Adams, Mrs. Genesis Scales **Row 2 L to R:** Cynthia Guesford, Daniel Kalina, Trevor Weaver, Kiara Smith, Nicholas Keen, Haley Easton, Noelle Carbone, Jacob Erdman, Jessey Parker, Olivia Spellicy, Marthalyn Sweet, Mr. Derek Taylor, Joy Anna Leader, Kathryn Pataky



**Gouverneur High School Wall Of Fame
No-Tap Handicap Bowling Tournament**

**Saturday - January 7, 2012
At The Gouverneur Bowl
US Route 11 South - Gouverneur, NY 13642**

**Shifts at 4:00 PM and 7:00 PM
Maximum Of 20 Teams Per Shift – 1st Come, 1st Served**

Open To Any 5-Person Team: Men, Women or Mixed

<u>Breakdown Of Tournament Fees</u>	
Bowling Fee	\$39.50
Prize Fund	\$30.50
<u>Wall Of Fame Fund</u>	<u>\$20.00</u>
5-Person Team Total	\$90.00

Prize Fund Pays 1 For Every 10 Entries

Rules:

- 1) All USBC Rules Apply
- 2) Bowlers Will Use Highest Average From 2010-2011 Season; If No 2010-2011 Average Is Available, Bowlers Will Use Average as Of January 1, 2012 (Minimum Of 21 Games); If 2011-2012 Average Is 10+ Pins Above 2010-2011 Average, Then 2011-2012 Average Will Be Used; Bowlers With No 2010-11 Or 2011-12 Average Will Use 185 For Men And 165 For Women; Failure To Use Proper Average Will Result In Disqualification
- 3) All Handicaps Based On 90% of 220 Minus Bowlers Tournament Average
- 4) Captains Please Check In 30 Minutes Prior To Start Time To Draw For Lanes

Team Name: _____

Contact: _____ **Phone:** _____

Team	Home Lanes	2010-11 Avg	2011-12 Avg
1)			
2)			
3)			
4)			
5)			

**Return Entries And Fee To Gouverneur Bowl – Rt 11 Gouverneur, NY - 13642
Fax Entries To : (315)287-5513 (Attn.: Steve Besaw)**



History....Culture....Tradition

On behalf of the Gouverneur Football Program and Coaching Staff, I would like to thank the parents, friends, community members and the players for their support during this past football season at Gouverneur. At each level of the football program, we were able to meet several of our team goals, and saw a lot of improvement from our players. We could not have done that without everybody involved.

It is now time to start preparing for next season as we conclude the current. The Coaching Staff is dedicated to a year round program and will be providing available weight room times for athletes. These opportunities will allow athletes to get bigger, faster, and stronger, help prevent injuries, create team unity, improve skill development, and eventually help **WIN** games and championships, not only in football, but in other programs also. Over the past few seasons, our athletes have been measurably smaller and weaker than many other teams, simply due to the fact that other teams have had a better commitment to the weight room. It is time we try to fix this issue. We need the help of both the athletes and parents to achieve this obtainable goal.

IT'S TIME:

- * It's time for all athletes to start taking advantage of the provided opportunities.
- * It's time for all parents to start and / or continue to encourage their son's commitment to football.
- * It's time to stop making excuses.
- * It's time to get better.
- * **IT'S TIME TO WIN!!**

Athletes with good weight room attendance, which is highly recommended, have a tendency to see more playing time during the season, for several different reasons, including, but not limited to the following:

- They are faster and stronger than others.
- They have a better state of conditioning.
- They typically sustain fewer injuries. (This is not a guarantee.)
- They have shown a strong commitment to the Gouverneur Football Program.

Most football athletes chosen as All Northern Selections are athletes with good weight room attendance.

The weight room will be tentatively open on Monday – Thursday, 3:00-4:00 pm until further notice, and other weekly times will be posted in the boys' locker room.

We are working diligently to create success in the Gouverneur Football Program and need the commitment of parents and players to achieve that success. Thank you for your time and support in being a part of helping Gouverneur Football move forward.

Sean Devlin
Head Football Coach
Gouverneur Wildcats

Gouverneur School District Continuing Education

*Register with Amber Wilcox (CEP Director) or class instructors.
287-1900 or awilcox@gcs.neric.org

Open Swim (Laps):

Monday-Friday: 6:30 - 7:30 AM

Wednesday: 6:00 - 7:00 PM

Sunday: "Family Swim" 1:00 - 3:00 PM



Evening Water Walking:

Tuesday & Thursday: 6:00-7:30pm (Adults)

NOTE: Wed. PM & Sunday - Under 14 yrs must be accompanied by an adult!

Children under 8yrs - free w/parent Students - \$1.00 Adults - \$1.25 Golden Age Pass - No Fee

Fitness Center/ Weight Room:

Amber Wilcox

New session begins January 9, 2012

M,T,TH GCS FC 6:00-7:30PM (Adults)

10 Weeks @\$7.50 per week for a total of \$75.

Resistance machines, treadmills, elliptical machines, stability balls, resistance tubes available for use along with workout floor.

YOGA:

We are working on scheduling another program. Check back for details after January 2,2012. Call 287-1900 or email awilcox@gcs.neric.org

Karate and Self-defense: Ongoing

East Side School Gym: Tuesdays- Students, Adults & Teens

Frank Palumbo

6:00-7:30PM

5 Hour Safe Driving Class: 1st Saturday/month.

NYS licensing certification (8:00AM-2:30PM) \$35

Joe Wahl

GHS 8:00AM-2:30PM



Wildcat Quarterback Shane Gould Wins 2011 Dan Petty Memorial Award

(Left to Right - Asst Coach Justin Young, Committee member Rick Bearor, Grant Gould, Award Recipient Shane Gould, Committee Member Jerry Smiligan, Lynn Gould, and Head Coach Sean Devlin)

Shane Gould, our Quarterback and Defensiveback, was the 2011 Recipient of the Section 10 Don Petty Memorial Football Award. The award is given to only one Football Player in Section 10 each year who best exemplifies Athleticism, Sportsmanship, Leadership and Character, on and off the field, selected by a committee panel made up of officials, and retired coaches. Shane was nominated by Head Coach Sean Devlin. Shane was a 2-year starter for the Wildcats, playing both QB and DB, nominated a Captain, and was a leader on the field. Shane led the Wildcats in Offensive yards this season.

OTHER AWARD RECIPIENTS:

Section Awards

Jacob VanOrnum - 2nd All Northern (LB)
Hunter Ayen - 1st Team All-Northern (LB)
Brenden Ward - 1st Team All-Northern (LB)
Mark Horne - 1st Team All-Northern (RB)
Shane Gould - 1st Team All Northern (QB)
Nathan Guesford - Sportsmanship Award

Varsity Team Awards

Tanner Spilman - Most Improved
Jacob VanOrnum & Brenden Ward- Big Hitter Award
Kyle Bigwarfe - MVP- Lineman
Mark Horne - MVP
Shane Gould - Player of the Year

Captain's Awards- Lucas Bulsiewicz, Shane Gould, Kyle Bigwarfe, Jacob VanOrnum

Gouverneur High School
Honor Roll - First Quarter 2011

<p align="center">Academic Excellence 97% - 100% High Honor 93% - 96.99% Honor 87% - 92.99%</p>
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Grade 9	Grade 10 - con't	Grade 11	Grade 12	Grade 12 - con't
<u>High Honor</u>	Daniel Kalina	<u>Academic Excellence</u>	<u>Academic Excellence</u>	<u>Honor</u>
Megan Barr	Nicholas Keen	Brielle Farley	Courtney Aldridge	Colleen Casey
Emily Bush	Hannah Kingsley	Carly Gates	Bryant Farley	Nicholas Ciambra
Rowena Casciaro	Spencer Knowles	Nicolena Meola	Jaelyn Gotham	Matthew Cole
Brittany Drake	Danielle McCormick	Kirstin Roberts	Abigail Honsky	Elizabeth Davis
Troy Gates	Sylvia Nentwick	Justine Wells	Lindsey McCormick	Dustin Earlywine
Alec House-				
Baillargeon	Jessey Parker		Olivia Roberts	Bradley Finch
Courtney Platt	Kathryn Pataky	<u>High Honor</u>	Son Vuong	Lauren Fishel
	Brett Peabody	Luke Austin		Nathan Foster
<u>Honor</u>	Brian Sheen	Taylor Hentz	<u>High Honor</u>	James Gore
Jessie Allen	Olivia Spellicy	Leesa Isereau	Paige Bango	Shane Gould
Autumn Ashley		Cody Woods	Kayla Bassett	Andrew Hendrickson
Andrew Cole	<u>Honor</u>		Kyle Bigwarfe	Alysson Kirker
Matthew Cole	Shaylen Adams	<u>Honor</u>	Tiffany Briant	James Kleatsch
Martin Countryman	Cody Ashley	Brittany Brown	Lindsie Brown	John Kleatsch
Emily Farrell	Miranda Ashley	Jeremy Burt	Lucas Bulsiewicz	Jaimie Larkins
Joshua Harris	Devin Breckenridge	Tamicka Bush	Morgan Bush	Brianna Lilley
Lauren Infield	Jase Briggs	Mikaela Carr	Whitney Bush	Joelle Lynde
Grace Leader	Danielle Bullock	Samantha Carr	Monika Carbone	Nicholas Marasco
Emily Matott	Brianna Bush	Levi Cole	Allison Elliott	Kassandra McCarn
Nicholas Melillo	Johni Cronk	Curtis Fuller	Taylor Elliott	Dee McGuigan
Sabrina Rizzo	Kara Cummings	Bethany Gore	Nathan Guesford	Briana Moore
Kaila Smith	Justina Davenport	Brian Gore	Rachel Hooley	Judith Moore
Jake Sweeney	Colter Davison	Joel Hassig	Davina Jones	Katlin Moore
Lucian Theriault	Luke Dunkelberg	George Hays III	Katelynne Kulp	Ashley Ontiveros
	Jarred Forsyth			
Alisha Way	Hutcherson	Mark Horne	Nicholas Leonard	Nicholas Peck
Bridget Weir	Nicholas Fuller	Shayna Hotrum	Michael Lucidi	Nathan Petrie
Jeremy Wilson	Bridget Hall	Morgan Hull	Delaney Mason	Brianna Pistolesi
Summer Wing	Christopher Hunter, Jr.	Alyssa Jenkins	Kayla Merkley	Brooklyn Platt
	Dustin Hutton	David Jones	Megan Morrow	Kaitlyn Prashaw
Grade 10	Sarah Koerick	Hillarie McIntosh	Jenny Neuroth	Tyler Sargent
<u>Academic Excellence</u>	Joy Leader	Dustin Prashaw	Nicole Richards	Richard Sides
Marthalyne Sweet	Mackenzie McBride	Rachael Prashaw	Chandler Roberts	Mackenzie Simmons
Trevor Weaver	Matasha McIntosh	Laura Ritchie	Kaitlyn Roberts	Diane Toppin
	Sarah Measheaw	Cameron Todd	Rebecca Rose	Nicholas Trapp
<u>High Honor</u>	Jessica Rotundo	Ashley Torres	Kylynne Stamper	April Vanorman
Thomas Andrews	Allison Shrewsberry	Matthew Waugh	Paul Sweet	Jacob Vanorum
Zachary Ayen	Kiara Smith	Anthony Way	Brenden Ward	Eva Weekes
Sara Bates	Dominique Tarkenton	Taylor Woods	Brittany White	Christopher Whitton
Rebecca Bulsiewicz	Shanelle Trombley		Morgan Young	Karla Witte
Noelle Carbone	McKayla Walker			Brandon Wood
Devin Cox	Nichole Ward			Brayden Wood
Haley Easton				Brandon Wylie
Jacob Erdman				Shady Yerdon
Cynthia Guesford				